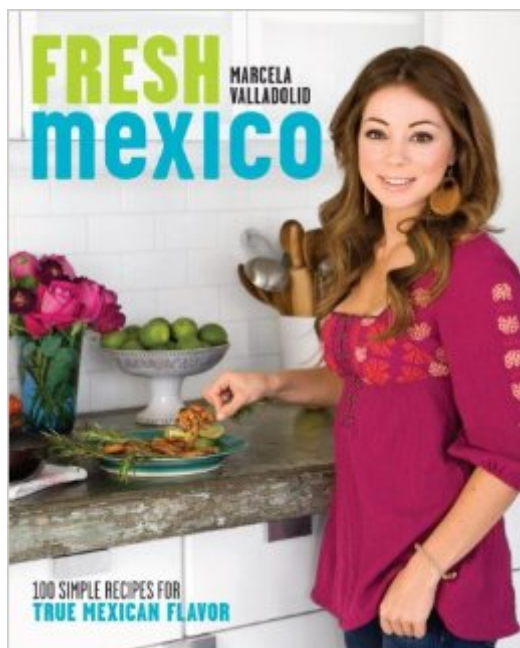


The book was found

Fresh Mexico: 100 Simple Recipes For True Mexican Flavor



Synopsis

Dedicated to traditional Mexican foods using easy-to-find ingredients and simple cooking techniques, this cookbook includes over 100 recipes such as Cream of Avocado Soup with Lobster and Mango, Oaxaca-Style Short Ribs, and Fresh Guava Layer Cake. Original Title: Fresh Mexico
Author: Valladolid, Marcela/ Sims, Amy Kalyn (PHT) Publisher: Random House Inc
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Customer Reviews

I spied this book online a few months ago and was eager for its release (today, 8/25/09). Of course, I bought my copy this morning and immediately went to the grocery store for ingredients! To my delight, these recipes seem authentic without being completely impossible. For example, the author calls for Mexican Ibarra chocolate in her mole sauce...but explains that you can substitute semisweet chocolate with 2 1/2 teaspoons of cinnamon and a little almond extract. These "tips" and substitutions are great because sometimes the grocery store doesn't have a wide variety of foreign foods. While some of these recipes seem authentic, there are also some delicious looking "fusion" recipes. I am especially excited for the pine nut and pomegranate juice brittle (think Mexican trail mix) and cheese-stuffed jalapenos in puff pastry. Yumm! The book itself is very beautiful to look at. The bright hues look great against the colorful pictures and savory recipes. There are appetizers, soups, salads, entrees, sides, salsas, and desserts. This book is so outstanding because it isn't

simply enchilada and flan recipes. We've seen those before! While there are some traditional recipes, there are many exciting "fusion" ideas too. I love the emphasis on FRESH ingredients (as the title hints) and easy to find items. Recommended to fans of Mexican cuisine and those looking to transform their traditional recipes into something healthful, innovative, and delicious.

We checked this out from the library, with the idea of copying a few recipes. HA! After the first three or four recipes, we knew we had to buy the book. However, my wife had to copy one recipe so we could have it that night. She couldn't wait for the book to come. It came, and so far, everything we have made from it is terrific and healthy. Many of her recipes are replacing our favorite recipes from way back.

I got the book today and I skimmed over the recipes. I am not only in LOVE with the book but also an absolute fan of Chef Marcela. I truly love the fact that these are easy, straight-to-the-point- and simple to follow recipes. In addition, being Mexican, I am able to identify the authenticity and innovation in each and every single page of the book. These are traditional recipes "with a modern kick". I can't wait to try every recipe in the book! This is a MUST HAVE in your book shelf!!!!!!!
Way to go Chelis!!!!!!!!!!!!

I LOVED this book!!! I am Mexican and it has so many traditional authentic recipes that I grew up eating at my home as well as many original innovative recipes that look so delicious, I have read every single recipe and they are so easy to follow and to make. I have also had the opportunity to try Chef Marcela's food at parties she has catered in the past and it is VERY GOOD!!! I am so glad she shared all these wonderful recipes!!! If you want authentic Mexican taste that is easy to make!!!
BUY FRESH MEXICO!!!!

Many of my friends are talking about this new book and I got to say that they are right...this is certainly a wonderful cookbook!! The recipes are written so clearly, step-by-step, they are practical and Chef Marcela provides additional helpful hints, substitutions and recommendations that I'm willing to give them a try even when I'm a stranger to the kitchen! Creamed rajas, avocado soup, can wait! I'm all inspired!!! also enjoyed the additional information provided regarding Mexican food (i.e. there is no yellow cheese in real Mexican food!), culinary experiences growing up between Tijuana and San Diego, and professional pictures! This cookbook is definitely a great addition to any kitchen open to experience fabulous Mexican food!!

This is by far the best Authentic Mexican Recipes cookbook I've ever come across; it has been a Joy to read and to cook the recipes. And I should know...my family has been collecting cookbooks for generations. I love the combination of the very classic food and fusion recipes. The photos are appealing, the variety is very good, the recipes are step by step. I have recommended this book to friends and family and plan to give it as gifts (perfect gift for a Holiday occasion)

I've been waiting for a cook book just like this. If you love south of the border cuisine, but wish for recipes on the lighter side and easy to prepare, this is a perfect cookbook. The recipes are simple fresh ingredients readily available and if not, she conveniently provides substitutes. The pictures are beautiful and very helpful for an amateur like me. Today I'm going to try the cold avocado soup, game hens with apricot and tequila and the guava layer cake with cream cheese frosting! Beautiful cook.

The recipes are easy to follow, the ingredients easy to find and the results are delicious-and my family usually not fans of Mexican food.

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